

# Sri Satya Sai Murlidhar Ayurvedic College & Hospital

Moga (Punjab) -142001

KASMARDA

**Botanical Name :** *Cassia occidentalis* Linn

**Family :** Calsalpiniaceae.

## **Introduction :**

Latin name : Cassia = the word is derived from the name kashan in Bible. The name is derived from the name of mountain cassia in North Serbia.

## **Names in different Indian languages :**

**English :** Coffee Senna, Foetid Cassia, Negro Coffee

**Hindi :** Kasaumdi, barikasaundi

**Kannada :** Doddaagace

**Malayalam :** Ponnviram, ponnariviriram

**Sanskrit :** Kasamardah

**Tamil :** Paeyaavarai, Thagarai

**Telugu :** kasinda

**Unani :** Kasondi.

**Folk :** Kasondi (bigger var.)

## **Synonyms :**

Kasamarda, Rajavruksha, Kasaghna, Peetapushpaka, Deepana, Kanak, Jaranakala, Kartakasaghna, Anjan

## **Morphology :**

A shrub 0.5 – 1 mts. high.

Leaves – compound and alternate. Each leaf has 5 pairs leaflets.

Flowers – yellow

Fruit – pod, Legumes – long, thin and round.

Each one has 10 – 30 seeds.

## **Distribution & Habitat :**

All over India

## **Chemical constituents :**

Anthraquinone, glucoside, barbaloin, aloin, formic acid, butyric acid, ceryl alcohol, kaempferol, bianthraquinone, glycoside, fistulin, rhein, sennosides A and B.

## **Properties :**

Guna :ruksha, laghu, tikshna;

Rasa :tikta, madhur; Veerya :ushna;

## **Karma :**

Kasaghna, kandughna, deepana, pachana Purgative, diuretic, febrifugal, expectorant, stomachic

## **Internal uses :**

It is used in dermatoses and poisons. Useful as an analgesic in vata disorders. Being carminative and cholagogue, it is used in ascites, loss of appetite and constipation. Effective in cough and asthma.

**Part used :** Leaf, seed, root

**Dosage :** Leaf juice – 8 to 10 seeds – 1 to 2 gm; decoction of roots – 50 to 100 ml.

## **Therapeutic Uses :**

Leaf juice + honey is used in whooping cough. Also useful in dysuria, ikshumeha, swelling, dermatoses and filarial.

Seed powder—used in amoebiasis.