



Sri Satya Sai Murlidhar Ayurvedic College & Hospital
Moga (Punjab) -142001
KRISHANA SARIVA

Botanical name : *Cryptolepisbuchanani*

Family : Asclepidaceae

Names in different Indian languages :

Sanskrit : Krishna Saarivaa

Tamil : Maattan-kodi, Paal-Kodi, Kattupala

Folk : Karantaa, Anantamuula

Synonyms :

Krishna Saarivaa, Jambupatraa Saarivaa, Karantaa, Shyamalataa, Shyaama, Gopi, Gopavadhu, Kaalghatika, Neriumreticulatum Roxb.

Morphology :

It is a creeping shrub, need support to grow. Its latex greenish white

Leaves –simple, opposite, lanceolate

Flower – greenish yellow

Distribution & Habitat :

South India

Chemical constituents: germanicoldocosanoate, cryptanoside C, cryptanoside A and B, cardenolide, cryptosin.

Karma :

Blood-purifier, galactagogue, carminative,

Indication :

Polyuria, gout, wounds, leprosy, anaemia, jaundice, rickets

Part used :

Root

Dosage :

1-2 g

Therapeutic Uses :

Root powder useful in jaundice and anaemia