

**Sri Satya Sai Murlidhar Ayurvedic College & Hospital**  
**Moga (Punjab) -142001**  
**LATA KARANJ**

**BOTANICAL NAME-** *Caesalpinia crista* Linn.

**FAMILY-** Caesalpinaceae

**INTRODUCTION**

Creeper having fruits similar to Karanja.

**NAMES IN DIFFERENT INDIAN LANGUAGES-** English → English Fever nut

Hindi → Kanthe Karanja

Kannada → Gajjuga

Malayalam → Avil

Marathi → Gajaga

**SYNONYMS-** Kuberakshi, Putik, Puti-Karanj

**CLASSIFICATION ACCORDING TO CHARAK AND SUSHRUT-**

Caraka- Not included

Suśruta- Not included

**MORPHOLOGY-** Large thorny shrub.

**Branches-** Armed with hooks and straight hard yellow prickles.

**Leaves-** Compound, 30 to 60 cm long, petioles are prickly, at the base of leaf there is a pair of stipule reduced to pinnae, 5 to 7.5 cm long. Leaflets are 6 to 9 pairs, 2 to 3.8 cm long, 1 to 2 cm wide, elliptic-oblong, glabrous above, short petiolules.

**Inflorescence-** Long peduncled terminal or supra axillary raceme.

**Fruit-** Pods, shortly stalked, oblong, 5-7 cm long, 45 cm wide, densely armed with wiry prickles.

**Seeds-** are 1-2 in one fruit, lead coloured, 1 to 3 cm long

**CHEMICAL CONSTITUENTS-** Seeds contain Caesalpin (Bitter substance), Phytosterinin, Bonducin, Saponin, Fatty oil, Starch, Amino acids, Sucrose and Glucose, Seed kernel contains Caesalpin, Homoisoflavone bonducellin and fatty acids.

**PROPERTIES-**

Rasa- Tikta, Kashaya

Guna- Laghu, Ruksa

Vipäka- Katu

Virya- Usna

**KARMA-** Vata kapha samaka, Visamajwaraglina, Krimighna, Sothahara, Rakta sodhaka, Kusthaghna, Pramehaghna and Sulahara. Anthelmintic, Styptic, Antipyretic, Antiviral, Antifungal, Anti-inflammatory, Antimalarial and Antimicrobial.

**INDICATIONS-** Visamajwara, Krimi, Sotha, Kustha, Prameha and udarasula.

**PART USED-** Seed, Root, Leaf

**DOSAGE-** Curna (Powder)- 1 to 3 g, Swarasa (Juice)- 10 to 20 ml

**IMPORTANT YOGAS OR FORMULATIONS-** Latakaranja Bīja Taila, Visamajwaraghni Vati, Pramehamihira Vati

**THERAPEUTIC USES-**

1. Visamajwara (Malarial fever)  
Seeds of Latakaranja are powdered and administered with equal quantity of Marica Curma in case of Visamajwara (Malarial fever).
2. Youvanapīṅka (Pimples)  
Seeds of Latakaranja is grounded with Godugdha (Cow milk) and applied in (Pimples) case of Youvanapīṅka.