



Sri Satya Sai Murlidhar Ayurvedic College & Hospital
Moga (Punjab) -142001
PEETA BHRINGRAJA

Botanical Name : *Wedelia chinensis* (Osbeck) Merrill

Family : Compositae; Asteraceae

Introduction :

Mainly using in siddha

Morphology :

A perennial herb grows up to 40-60 cm height

Leaves-simple, opposite, linear-oblong , hairy

Flower – yellow, axillary

Fruits-achenes

Distribution &Habitat :

All over India, waste lands

Chemical constituents :

oleanolic acid, saponins, coumestans, wedelolactone, demethyl wedelolactone

Properties :

RASA-Katu,Tikta, Kashaya

GUNA-Laghu

VIRYA-Ushna

VIPAKA-Katu

Karma –kesya, mutrala, svedajanana, hridya, vrishya

Cardio tonic, anti-inflammatory, diuretic, thermogenic

Srotogamitva :

Dosha : kapha vataghna

Dhatu :raktha

Mala :mutrala

Organ : liver

Indication : Karnamaya, mutrakrichra, pandu, krimi

Ulcer, otalgia, liver and spleen disorder, hair fall, fever, general weakness, greyness of hair.

Part used :Whole plant