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PRISHNAPARNI

Botanical Name : *Uraria picta*

Family : Fabaceae

Distribution :

Uraria picta is not a very common species, but occurs throughout tropical India, extending up to 300 m altitude in Tarai region of the Himalayas.

Classical categorization:

Caraka: Sandhaniyavarga, Sothaharavarga, Angamardaprasamanavarga

Suśruta: Vidarigandhādīgana, Haridrādīgana, Laghupancamula

Bh.Pr.Ni: Guducyādivarga

Morphological characteristics :

Dabra is an erect, undershrub, 60–75 cm tall, with several branches.

Leaves are generally three to five in number, up to nine-foliolate.

Leaflets are imparipinnate, linear–oblong, obtuse, mucronate at apex, white clouded above and pubescent below.

Floral characteristics :

Purple flowers occur in dense, cylindrical racemes with bracts; calyx teeth are lanceolate and the corolla is papilionaceous.

Pod (fruit) has three to six joints. Flowering occurs from July to September, while fruits mature in December–January.

Properties:

Rasa – Madhura, Katu

Guna – Laghu, Sara

Vipaka – Madhura

Veerya - Ushana

Therapeutic uses :

1. The *Uraria* species is useful in quick healing of bone fractures.
2. It is used as a cardio and nervine tonic and has anti-inflammatory, expectorant, and diuretic properties.
3. The root of the plant is one of the ingredients of 'dasamoola' in Ayurveda.
4. *Uraria picta* is prescribed for cough, chills and fevers.
5. The leaves are well thought-out antiseptic and utilized in gonorrhoea.
6. The roots and pods are utilized to treat prolapse of anus in infants; the pods are employed for the treatment of sore-mouth in kids.
7. It's used for the treatment of urinary diseases, tumors, edema, burning sensation and issue in respiration.
8. Its paste, mixed with water, is employed as a remedy for snake bite .
9. It's a well-recognized ayurvedic drug of Indian system of medicines used for treating general fatigue, antioxidant, analgesic and anti-inflammatory like medical conditions