



Sri Satya Sai Murlidhar Ayurvedic College & Hospital
Moga (Punjab) -142001
SOMLATA

Botanical Name : *Sarcostemma brevistigma* Wight & Arn

Family : Asclepiadaceae

Names in different Indian languages :

English : Moon plant

Hindi : Somlatha

Kannada : Somalata

Tamil : Soma

Malayalam : Somalata

Sanskrit : Soma

Synonyms : *Sarcostemma acidum*

Morphology :

The plant is a perennial leafless, twining trailing shrub, with green cylindrical, fleshy, glabrous, green pendulous stems exuding milky white latex, exhibiting longitudinal ridges and nodes. Stem is succulent grows up to 25 in. in diam. Leaves reduced to minute scales. Flowers small, in sessile terminal or lateral umbels, calyx small, 5-partite, glandular or not within. Corolla rotate, deeply lobed; lobes 5, overlapping to the right in bud. Corona double, the outer cupular, membranous, 5-10 lobed or crenate, attached to the base of the staminal column. Stamens adnate to the base of the corolla-tube; filaments forming a column; anthers with membranous inflexed appendages;

Distribution & Habitat :

Bihar, Bengal, and south india

Properties :

Rasa: Katu, madhura,

Veerya : sita

Karma – Tridosha hara

Indication :

Rasayana, dahahara, trsnanigraha, visoshahari

